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ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

BABY, MATTRESSES & SLEEP

98. HealthyBaby Diapers

Why ANEW selected it: Selected for emphasis on diaper material and ingredient transparency in a product with prolonged skin contact.

Evidence/selection: Material-transparency selection | Product / evidence link [\[open website\]](#)

99. Naturepedic EWG VERIFIED Mattresses

Why ANEW selected it: Selected because qualifying Naturepedic mattresses are EWG VERIFIED and meet standards addressing material transparency, emissions, flame retardants/fiberglass, PVC and PFAS.

Evidence/selection: EWG VERIFIED models available | Product / evidence link [\[open website\]](#)

100. Avocado Green Mattresses & Bedding

Why ANEW selected it: Selected for organic-focused mattress, pillow and bedding options using natural- material strategies; verify the certification of the exact model purchased.

Evidence/selection: Organic/material selection | Product / evidence link [\[open website\]](#)