



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

HVAC, HUMIDITY & VACUUMING

136. 3M Filtrete HVAC Filters

Why ANEW selected it: Selected as a widely available HVAC-filtration option; the MERV rating should be matched to the home's HVAC system to balance filtration and airflow.

Evidence/selection: HVAC filtration | Product / evidence link [\[open website\]](#)

137. AprilAire HVAC Filtration

Why ANEW selected it: Selected for whole-home HVAC filtration options that can reduce recirculating particulate matter when properly sized and maintained.

Evidence/selection: HVAC filtration | Product / evidence link [\[open website\]](#)

138. Airthings Indoor Air Monitor

Why ANEW selected it: Selected because monitoring radon and other indoor-air parameters can identify exposure problems that cannot be recognized reliably by smell or appearance alone.

Evidence/selection: Environmental monitoring | Product / evidence link [\[open website\]](#)

139. SensorPush Humidity Monitor

Why ANEW selected it: Selected for continuous humidity tracking in bedrooms, bathrooms, closets and other areas where excess moisture can promote mold growth.

Evidence/selection: Humidity monitoring | Product / evidence link [\[open website\]](#)

140. Levoit Humidifier

Why ANEW selected it: Selected only for genuinely dry indoor environments; appropriate cleaning and water management are essential to avoid creating a microbial reservoir.

Evidence/selection: Conditional humidity control | Product / evidence link [\[open website\]](#)

141. Santa Fe Dehumidifier

Why ANEW selected it: Selected for active humidity reduction when indoor moisture is excessive, helping address a key condition that supports mold growth.

Evidence/selection: Humidity control | Product / evidence link [\[open website\]](#)

142. Miele Complete C3 HEPA Vacuum

Why ANEW selected it: Selected for a well-sealed, high-filtration vacuum design intended to capture rather than redistribute fine household dust.

Evidence/selection: High-filtration vacuum | Product / evidence link [\[open website\]](#)

143. SEBO Vacuums

Why ANEW selected it: Selected for filtration-focused, well-sealed vacuum designs that can help reduce dust recirculation during routine cleaning.

Evidence/selection: High-filtration vacuum | Product / evidence link [\[open website\]](#)