



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

DRINKING & SHOWER WATER

11. AquaTru Classic

Why ANEW selected it: Selected as a countertop reverse-osmosis option for households seeking broad drinking-water contaminant reduction without an under-sink installation.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

12. AquaTru Carafe

Why ANEW selected it: Selected as a compact reverse-osmosis option for filtered drinking water where counter space and portability matter.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

13. AquaTru Under Sink

Why ANEW selected it: Selected for higher-volume reverse-osmosis drinking-water filtration with a dedicated under-sink installation.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

14. Clearly Filtered Pitcher

Why ANEW selected it: Selected as a convenient pitcher-style option for people who want filtration without plumbing changes; contaminant-specific performance should be matched to local water.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

15. Clearly Filtered Under Sink

Why ANEW selected it: Selected as an under-sink option for higher-volume filtered drinking water while preserving counter space.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

16. Aquasana Under-Sink Filter

Why ANEW selected it: Selected as a point-of-use filtration option for reducing selected drinking-water contaminants at the kitchen tap.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

17. Aquasana Whole-House System

Why ANEW selected it: Selected when broader whole-home treatment is appropriate, particularly when the exposure concern extends beyond drinking water alone.

Evidence/selection: Water-filtration selection | Product / evidence link [\[open website\]](#)

18. Canopy Filtered Showerhead

Why ANEW selected it: Selected as a shower-filtration option intended to reduce selected water constituents while keeping installation simple.

Evidence/selection: Water-exposure selection | Product / evidence link [\[open website\]](#)

19. AquaTru Shower Filter

Why ANEW selected it: Selected as a shower-water filtration option for households seeking to reduce selected contaminants or irritants at the point of bathing.

Evidence/selection: Water-exposure selection | Product / evidence link [\[open website\]](#)

20. AquaBliss Shower Filter

Why ANEW selected it: Selected as a relatively accessible shower-filter option for people who want a lower- cost point-of-use approach.

Evidence/selection: Water-exposure selection | Product / evidence link [\[open website\]](#)