



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

LAUNDRY

31. Branch Basics Laundry Detergent, Fragrance-Free

Why ANEW selected it: Selected as a fragrance-free laundry option; EWG currently grades the exact detergent B, so it is included as a fragrance-conscious rather than EWG VERIFIED choice.

Evidence/selection: EWG B | Product / evidence link [\[open website\]](#)

32. Meliora Unscented Laundry Powder

Why ANEW selected it: Selected for its unscented powdered format, ingredient-conscious positioning and avoidance of added fragrance.

Evidence/selection: Fragrance-free selection | Product / evidence link [\[open website\]](#)

33. ATTITUDE Fragrance-Free Laundry Detergent

Why ANEW selected it: Selected as a fragrance-free laundry option from a brand with multiple products participating in EWG's safer-product databases.

Evidence/selection: Fragrance-free selection | Product / evidence link [\[open website\]](#)

34. Molly's Suds Unscented Laundry Powder

Why ANEW selected it: Selected as an unscented powdered detergent alternative for households trying to minimize routine fragrance exposure.

Evidence/selection: Fragrance-free selection | Product / evidence link [\[open website\]](#)

35. Blueland Laundry Detergent Tablets, Fragrance Free

Why ANEW selected it: Selected because the exact fragrance-free tablets appear on EWG's current EWG VERIFIED cleaning-products list and use a low-waste tablet format.

Evidence/selection: EWG VERIFIED | Product / evidence link [\[open website\]](#)

36. EC3 Laundry Additive

Why ANEW selected it: Selected as a mold-conscious laundry adjunct for environmental-maintenance routines when fabrics are a potential reservoir of concern.

Evidence/selection: Exposure-reduction selection | Product / evidence link [\[open website\]](#)

37. Wool Dryer Balls

Why ANEW selected it: Selected as a reusable alternative to conventional fragranced dryer sheets and fabric softeners, reducing added fragrance and disposable products.

Evidence/selection: Fragrance-reduction selection | Product / evidence link [\[open website\]](#)