



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

FOOD STORAGE & KITCHEN

49. Pyrex Glass Food Storage

Why ANEW selected it: Selected because glass reduces routine food contact with plastic, especially when storing or reheating warm foods.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

50. Ball Mason Jars

Why ANEW selected it: Selected as an economical, reusable glass-storage option for foods, beverages and pantry items.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

51. Stasher Silicone Bags

Why ANEW selected it: Selected as a reusable food-storage alternative that can reduce repeated use of disposable plastic bags.

Evidence/selection: Reusable-material selection | Product / evidence link [\[open website\]](#)

52. Bee's Wrap

Why ANEW selected it: Selected as a reusable wrap option for appropriate foods that can reduce reliance on disposable plastic wrap.

Evidence/selection: Reusable-material selection | Product / evidence link [\[open website\]](#)

53. Klean Kanteen Stainless-Steel Bottles

Why ANEW selected it: Selected for durable reusable stainless-steel construction that reduces reliance on disposable plastic beverage bottles.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

54. Hydro Flask Stainless-Steel Bottles

Why ANEW selected it: Selected as a widely available reusable stainless-steel bottle option for reducing single-use plastic beverage containers.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

55. Pura Stainless Bottles

Why ANEW selected it: Selected for a stainless-steel bottle system designed specifically for babies and children, reducing routine beverage contact with plastic.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

56. Life Without Plastic

Why ANEW selected it: Selected because the brand focuses specifically on reusable kitchen and storage products intended to reduce everyday plastic use.

Evidence/selection: Plastic-reduction selection | Product / evidence link [\[open website\]](#)

57. Bambu Kitchen Utensils

Why ANEW selected it: Selected as a bamboo-based utensil option for reducing routine use of plastic cooking tools, particularly around heat.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)