



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

UTENSILS, CUTTING BOARDS & STORAGE

117. Earlywood Hardwood Utensils

Why ANEW selected it: Selected for solid-hardwood cooking utensils that reduce routine use of plastic tools around hot food and cookware.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

118. Epicurean Cutting Boards

Why ANEW selected it: Selected as a durable, reusable food-preparation surface that provides an alternative to conventional plastic cutting boards.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

119. John Boos Wood Cutting Boards

Why ANEW selected it: Selected for solid-wood cutting surfaces that offer a durable alternative to heavily worn plastic boards.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

120. Weck Glass Jars

Why ANEW selected it: Selected as reusable glass food-storage containers that reduce routine food contact with plastic.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)