



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

COFFEE & TEA

58. Purity Coffee

Why ANEW selected it: Selected for its emphasis on specialty sourcing and contaminant-conscious testing as a premium coffee option.

Evidence/selection: Sourcing/testing selection | Product / evidence link [\[open website\]](#)

59. Lifeboost Coffee

Why ANEW selected it: Selected for its emphasis on sourcing and contaminant-conscious production for people prioritizing coffee quality and exposure reduction.

Evidence/selection: Sourcing/testing selection | Product / evidence link [\[open website\]](#)

60. Kion Coffee

Why ANEW selected it: Selected as a specialty coffee option emphasizing bean quality, sourcing and careful production.

Evidence/selection: Sourcing selection | Product / evidence link [\[open website\]](#)

61. Pique Tea

Why ANEW selected it: Selected for its emphasis on tea purity and contaminant testing in a convenient format.

Evidence/selection: Sourcing/testing selection | Product / evidence link [\[open website\]](#)

62. Mountain Rose Herbs

Why ANEW selected it: Selected for organic loose-leaf teas, herbs and botanicals with a strong emphasis on sourcing and ingredient transparency.

Evidence/selection: Organic/sourcing selection | Product / evidence link [\[open website\]](#)

63. Chemex Glass Coffee Maker

Why ANEW selected it: Selected because its glass brewing vessel minimizes hot-water contact with plastic during coffee preparation.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

64. Frieling Stainless French Press

Why ANEW selected it: Selected for stainless-steel construction that provides a durable brewing method with minimal hot-liquid contact with plastic.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)