



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

MEAT, SEAFOOD & FOOD

65. US Wellness Meats

Why ANEW selected it: Selected for access to grass-fed/grass-finished and pasture-focused meat options with transparent sourcing information.

Evidence/selection: Sourcing selection | Product / evidence link [\[open website\]](#)

66. White Oak Pastures

Why ANEW selected it: Selected for regenerative, pasture-based meat and poultry from a farm emphasizing soil and animal-management practices.

Evidence/selection: Regenerative sourcing | Product / evidence link [\[open website\]](#)

67. Force of Nature Meats

Why ANEW selected it: Selected for regenerative meat options intended to support pasture-based agriculture and diversified sourcing.

Evidence/selection: Regenerative sourcing | Product / evidence link [\[open website\]](#)

68. Wild Pastures

Why ANEW selected it: Selected as a convenient pasture-focused meat-delivery option for households prioritizing sourcing practices.

Evidence/selection: Sourcing selection | Product / evidence link [\[open website\]](#)

69. Vital Choice Seafood

Why ANEW selected it: Selected for broad access to wild seafood and canned seafood with an emphasis on sourcing transparency.

Evidence/selection: Seafood sourcing | Product / evidence link [\[open website\]](#)

70. Wild Planet

Why ANEW selected it: Selected as a widely available source of convenient wild-caught canned seafood for routine pantry use.

Evidence/selection: Seafood sourcing | Product / evidence link [\[open website\]](#)