



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

HOUSEHOLD CLEANING

21. Branch Basics All-Purpose Cleaner, Fragrance-Free

Why ANEW selected it: Selected as a versatile fragrance-free cleaner with an EWG Healthy Cleaning grade of A, allowing one simple system to replace several conventional cleaners.

Evidence/selection: EWG A | Product / evidence link [\[open website\]](#)

22. Branch Basics Oxygen Boost

Why ANEW selected it: Selected because the exact product is EWG VERIFIED and provides an oxygen-based laundry, stain and household-cleaning adjunct with full ingredient transparency.

Evidence/selection: EWG VERIFIED | Product / evidence link [\[open website\]](#)

23. Blueland Multi-Surface Cleaner

Why ANEW selected it: Selected for refill-oriented packaging and ingredient transparency as an alternative to heavily fragranced conventional multi-surface sprays.

Evidence/selection: Ingredient-conscious selection | Product / evidence link [\[open website\]](#)

24. Blueland Bathroom Cleaner

Why ANEW selected it: Selected as a refillable bathroom-cleaning option designed to reduce reliance on conventional single-use, heavily fragranced cleaners.

Evidence/selection: Ingredient-conscious selection | Product / evidence link [\[open website\]](#)

25. Blueland Toilet Bowl Cleaner

Why ANEW selected it: Selected as an ingredient-conscious alternative to many strongly fragranced conventional formulations.

Evidence/selection: Ingredient-conscious selection | Product / evidence link [\[open website\]](#)

26. ATTITUDE Nature+ Kitchen Cleaner

Why ANEW selected it: Selected because this exact cleaner appears on EWG's current EWG VERIFIED cleaning-products list, supporting both ingredient transparency and stringent hazard criteria.

Evidence/selection: EWG VERIFIED | Product / evidence link [\[open website\]](#)

27. Meliora Gentle Home Cleaning Scrub

Why ANEW selected it: Selected for a comparatively simple scouring-cleanser approach from a brand focused on ingredient disclosure and reduced packaging.

Evidence/selection: Ingredient-conscious selection | Product / evidence link [\[open website\]](#)

28. Force of Nature Cleaner

Why ANEW selected it: Selected because its electrolyzed-water system can replace multiple routine cleaners and disinfecting products when used according to label directions.

Evidence/selection: Simplified cleaning system | Product / evidence link [\[open website\]](#)

29. Bon Ami Powder Cleanser

Why ANEW selected it: Selected as a simple, economical abrasive cleanser that can reduce the need for more complex fragranced kitchen and bathroom cleaners.

Evidence/selection: Simple-formula selection | Product / evidence link [\[open website\]](#)

30. Dr. Bronner's Baby Unscented Castile Soap

Why ANEW selected it: Selected as a fragrance-free concentrated soap with multiple household uses, helping simplify the number of cleaning products kept in the home.

Evidence/selection: Fragrance-free selection | Product / evidence link [\[open website\]](#)