



ANEW Precision Medicine

150 LOW-TOX PRODUCTS FOR A HEALTHIER HOME & LIFESTYLE

Physician-curated printable guide

How to use this guide. Products were selected for lower-exposure design, material choice, ingredient transparency, filtration/testing, or third-party evaluation. EWG labels apply only to the exact products/formulations identified; they are not brand-wide endorsements. For categories EWG does not evaluate, the rationale is based on the exposure-reduction purpose of the product. Formulations and certifications change, so re-check current product information before purchase.

SHOWER CURTAINS, PILLOWS & BEDDING

131. Quiet Town Cotton/Canvas Shower Curtain

Why ANEW selected it: Selected as a washable fabric shower-curtain option that can eliminate the need for a PVC vinyl curtain in many bathrooms.

Evidence/selection: PVC-reduction selection | Product / evidence link [\[open website\]](#)

132. PEVA Shower Curtain / Liner

Why ANEW selected it: Selected as a practical non-PVC alternative to vinyl liners when a waterproof liner is needed; good bathroom ventilation remains important.

Evidence/selection: PVC-reduction selection | Product / evidence link [\[open website\]](#)

133. Naturepedic Organic Pillow

Why ANEW selected it: Selected as a natural/organic-material pillow option from a company with EWG VERIFIED mattress models and strong material-transparency positioning.

Evidence/selection: Material-based selection | Product / evidence link [\[open website\]](#)

134. Avocado Green Pillow

Why ANEW selected it: Selected as an organic-focused pillow option for people seeking natural-material alternatives to conventional synthetic foam pillows.

Evidence/selection: Organic/material selection | Product / evidence link [\[open website\]](#)

135. Coyuchi Organic Bedding & Pillows

Why ANEW selected it: Selected for organic-cotton bedding, towels and pillow options that prioritize natural fibers used directly against the skin.

Evidence/selection: Organic/material selection | Product / evidence link [\[open website\]](#)